ICTE Online Activities Session 4 2020

Register at **icte.uq.edu.au/activity-sessions**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
April	**Chorus** 7.30pm – 8.30pm 27	**Explore Australia Goosechase** 28th April – 8th May **1.** Download the Goosechase App **2.** Play using Game Code: KK3XQ6 28	**Aussie Slang** 11.15am – 12.15pm 3:45pm – 4:45pm 29	**Conversation with UQ Students** 11.15am – 12.15pm 30	**Conversation with UQ Students** 3.45pm – 4.45pm **ICTE Learning Advice** 1-to-1 appointment with an ICTE Learning Advisor 1	**Vygo – Talk to a UQ Student** 1. Download Vygo App 2. Create a Profile 3. Talk to a UQ Volunteer by messaging or video call 2	**Mindfulness Practice** Join Yasuyo for weekly Mindfulness Practice every Sunday, 8am – 9am. More information at life.uq.edu.au/online-life 3
	Public Holiday No classes today. Visit the Online Activities hub for ideas on things to do: icte.uq.edu.au/online-activities 4	**Let's Talk: Getting Motivated 1** 3.45pm – 4.45pm **Coffee Chats with ICTE Student Leaders** 11.15am – 12.15pm 3.45pm – 4.45pm 5	**Yoga** 11.15am – 12pm 3.45pm – 4.30pm **Let's Talk: Getting Motivated 1** 11.15am – 12.15pm 6	**Conversation with UQ Students** 11.15am – 12.15pm **Let's Talk: Kindness 1** 3.45pm – 4.45pm 7	**Let's Talk: Kindness 1** 11.15am – 12.15pm **Conversation with UQ Students** 3.45pm – 4.45pm 8	**UQ Street Groove** Search UQ Street Groove on Facebook for online urban dance sessions every Friday and Saturday. ($10 per class or $25 membership fee) 9	**ICTE Online Activities Hub** Visit ICTE's Online Activities Hub for entertainment, things to do and ways to explore Australia virtually. icte.uq.edu.au/online-activities 10
May	**Coffee Chats with ICTE Student Leaders** 11.15am – 12.15pm **Let's Talk: Wellbeing 1** 3.45pm – 4.45pm **Chorus** 7.30pm – 8.30pm 11	**Let's Talk: Wellbeing 1** 11.15am – 12.15pm **Coffee Chats with ICTE Student Leaders** 3.45pm – 4.45pm 12	**Aussie Trivia Night** 7.30pm – 9pm 13	**Conversation with UQ Students** 11.15am – 12.15pm **Let's Talk: Kindness 2** 3.45pm – 4.45pm 14	**Let's Talk: Kindness 2** 11.15am – 12.15pm **Conversation with UQ Students** 3.45pm – 4.45pm 15	**Join the UQ Virtual Village** life.uq.edu.au/village Events, activities and opportunities to meet UQ students 16	**Discover the Great Barrier Reef** Take a virtual tour of the Great Barrier Reef narrated by Sir David Attenborough. attenboroughsreef.com/ 17
	Coffee Chats with ICTE Student Leaders 11.15am – 12.15pm **Let's Talk: Getting Motivated 2** 3.45pm – 4.45pm **Chorus** 7.30pm – 8.30pm 18	**Let's Talk: Getting Motivated 2** 11.15am – 12.15pm **Coffee Chats with ICTE Student Leaders** 3.45pm – 4.45pm 19	**Games Night** 7.30pm – 9pm 20	**Conversation with UQ Students** 11.15am – 12.15pm **Let's Talk: Kindness 3** 3.45pm – 4.45pm 21	**Let's Talk: Kindness 3** 11.15am – 12.15pm **Conversation with UQ Students** 3.45pm – 4.45pm 22	**Have an online workout with UQ Sport** UQ Sport have lots of online fitness videos for all fitness levels for you to try facebook.com/pg/uqsport/videos 23	**Lone Pine Koala Sanctuary** Explore Lone Pine and see Australian Animals with Lone Pine's webcams: koala.net/webcams 24
	Coffee Chats with ICTE Student Leaders 11.15am – 12.15pm **Let's Talk: Wellbeing 2** 3.45pm – 4.45pm **Chorus** 7.30pm – 8.30pm 25	**Let's Talk: Wellbeing 2** 11.15am – 12.15pm **Coffee Chats with ICTE Student Leaders** 3.45pm – 4.45pm 26	**Zumba** 11.15am – 12pm 3.45pm – 4.30pm 27	**Conversation with UQ Students** 11.15am – 12.15pm 28	**Conversation with UQ Students** 3.45pm – 4.45pm 29	**Queensland Art Gallery and GOMA** Explore online art collections with QAGOM. Includes Indigenous, Australian and international works learning.qagoma.qld.gov.au 30	Follow the ICTE Activities Facebook Page for more information about Activities 31